



## A Learning Design for Trusting Jesus Every Day

### *Grow in Christ*

*A healthy leader trusts Jesus every day! Use this holistic design to grow in this area.*

Spiritual Dynamic	Experiential Dynamic
<ul style="list-style-type: none"><li>• Meditate on Proverbs 3:5-6; Matthew 6:6-13; James 4:13-15; 1 Peter 5:7-10. Memorize one or two of these verses.</li><li>• Read through Psalm 37:3-6, then pray through it, asking God to give you greater trust and delight in Him.</li><li>• Reflect on how you go about life every day, asking God to reveal areas where you distrust Him practically. Confess your distrust, fears, and pride to God; receive His grace, and repent.</li><li>• Ask God to reveal barriers to your faith. Fast and pray for freedom from these hindrances.</li><li>• Ask the Holy Spirit to open your eyes to opportunities in daily life to trust in God.</li><li>• Keep a spiritual journal of how Jesus has faithfully walked with you through the ups and downs of life. Give Him thanks and praise.</li><li>• Reflect on past experiences when you trusted Jesus and it helped you conquer challenges. Tell God that you believe and ask Him to help you believe (Mark 9:24).</li><li>• Worship God with songs about His faithfulness and power.</li></ul>	<ul style="list-style-type: none"><li>• Identify specific big and small ways you can trust God in your everyday life, based on your circumstances. Practice trusting Jesus in these things.</li><li>• Daily spend time with Jesus, in the Word. Practice looking to Him.</li><li>• Practice generous giving, trusting God for the results and not your bank account.</li><li>• Pray for the sick, trusting Jesus for healing and comfort.</li><li>• Talk to Jesus about everything you encounter throughout your day. Look to Him for all things.</li><li>• Instead of running away, embrace opportunities to do challenging and difficult things. Trust Jesus for the outcome.</li><li>• Lay your calendar (or your paycheck, your to-do list, etc.) out before God, praying for discernment and trust (2 Kings 19:14). Manage these daily things believing in God to provide for you.</li><li>• Practice listening for God's direction throughout the day, and follow His leading.</li><li>• Schedule a day to evaluate how you trusted God during the week. Celebrate the times that you trusted Him and make plans to trust Him more in the areas you failed. How can you trust Him more next week?</li></ul>



Relational Dynamic	Instructional Dynamic
<ul style="list-style-type: none"><li>• Interview some mature people of faith, asking them how they trust Jesus in their daily life and what the fruits of that trust are. Observe how they do it and imitate their lives.</li><li>• Share your challenges with a spiritual mentor; ask for prayer, encouragement, and advice.</li><li>• Spend regular time with spiritual friends who are also seeking to develop a walk of trusting Jesus in daily life, for mutual encouragement, sharing, and waiting on God together.</li><li>• Ask one or two close friends to keep you accountable to trust God daily. Meet regularly with them.</li><li>• Ask an intercessor or two to pray for you in this regard.</li><li>• Walk alongside of people who are going through challenges of life and trusting Jesus for them.</li></ul>	<ul style="list-style-type: none"><li>• Study Proverbs 3:5-6; Matthew 6:6-13; James 4:13-15; 1 Peter 5:7-10.</li><li>• Find and read books or articles on trusting Jesus for everyday things (ask a spiritual leader for suggestions).</li><li>• Listen to sermons, teaching, or podcasts on this subject.</li><li>• Study Jesus' example of trusting God for everyday things. What ways did God provide for Christ and His disciples?</li><li>• Read a biography on a believer who trusted God for everyday needs (for example, George Mueller).</li><li>• Do a study on God's faithfulness toward His children.</li><li>• Contrast biblical examples of people who trusted in God and people who didn't. What are the differences in reasons and results?</li><li>• Prepare a teaching on trusting in God's timing – both the benefit and warning – from the story of Abraham's children, Isaac and Ishmael. Present it to your small group or church family.</li><li>• Lead a group discussion on trusting in God's provision (Matthew 6:25-34; Genesis 22; Philippians 4:6-7, 19).</li><li>• Study what the Bible says about trusting God's protection (Psalm 91; 1 Samuel 17).</li><li>• Read <i>To Enjoy Him Forever</i> by Malcolm Webber.</li><li>• Listen to audio teachings on Spiritual Life by Malcolm Webber – at least one per week.</li></ul>



513 S. Main St. Suite 2, Elkhart, IN 46516, USA  
www.LeaderSource.org | info@LeaderSource.org  
Toll free: 1-844-532-3371 (1-844-LEADER1)